Mary Hasbah Roessel, MD Biosketch

Mary Hasbah Roessel is a Distinguished Life Fellow of the APA and practicing in Santa Fe, New Mexico at the Santa Fe Indian Health Center. She is Navajo and grew up on the Navajo nation with her parents and grandparents. Her grandfather was a revered medicine man in her community. She received her medical degree at the University of Minnesota and returned to the southwest to complete her residency in psychiatry at the University of New Mexico. She received an APA/ NIMH Fellowship during her residency and has since worked for over 30 years with Indigenous peoples of the southwest, Alaska, and British Columbia. Included in her work with Indigenous peoples and professional collaborations, she worked with Navajo medicine men and women to provide cultural orientation for behavioral health staff, she was the lead facilitator to the Indigenous Cultural competency course for the APA and provided an Indigenous-focused Circle Way process for the APA Board of Trustees. She presented on a panel discussing Missing and Murdered Indigenous Women at the United Nations Commission on the Status of Women in March 2016. She has provided presentations on Indigenous knowledge and climate change and wrote a chapter in the book: Groundswell-Indigenous knowledge and a call to action for climate change, edited by her husband, Joe Neidhardt, and daughter/artist, Nicole Neidhardt. Her chapter is on Essential Elements of Change, focused on living within two worlds—Indigenous and Western cultures in this climate crisis. She is the past chair of the APA Assembly committee of M/UR psychiatrists, and representative for the caucus of American Indian, Alaska Native and Native Hawaiian psychiatrists. She currently is the Area 7 Trustee for the APA Board of Trustees. She co-chaired the APA Board of Trustees Structural Racism Accountability Committee from 2021-2022. She continues to be committed to representing diversity and belonging within the APA.